## THE COACH'S CODE OF BEHAVIOUR

- Respect the rights, dignity and worth of every human being.
- Within the context of the activity, treat everyone equally regardless of sex, disability, ethnic origin or religion.
- 2. Ensure the athlete's time spent with you is a positive experience.
- All athletes are deserving of equal attention and opportunities.
- 3. Treat each athlete as an individual.
- Respect the talent, developmental stage and goals of each individual athlete
- 4. Be fair, considerate and honest with athletes
- Help each athlete reach his or her full potential.
- Be professional and accept responsibility for your actions.
- Language, manner, punctuality, preparation and presentation should display high standards.
- Display control, respect, dignity and professionalism to all involved with the sport this includes opponents, coaches, officials, administrators, the media, parents and spectators.
- Make a commitment to providing a quality service to your athletes.
- Maintain or improve your current NCAS accreditation.
- Seek continual improvement through performance appraisal and ongoing coach education.
- Provide a training program, which is planned and sequential.
- Maintain appropriate records.
- Operate within the rules of your state/ territory association.
- The guidelines of national and international bodies governing your sport should be followed. Please contact your sport for a copy of the rule book, constitution, by-laws and relevant policies, eg. Anti-doping Policy, selection procedures etc.
- Coaches should educate their athletes on drugs in sport issues in consultation with the Australia Sports Drug Agency (ASDA).
- 8. Any physical contact with athletes should:
- Be appropriate for the situation
- Be necessary for the athlete's skill development.
- Refrain from any form of personal abuse towards your athletes.#
- Includes verbal, physical and emotional abuse.
- Be alert to any forms of abuse directed towards your athletes from other sources whilst in your care.

- 10. Refrain from any form of harassment towards your athletes.#
- This includes sexual and racial harassment, racial vilification and harassment on the grounds of a disability.
- You should not only refrain from initiating a relationship with an athlete, but should also discourage any attempt by an athlete to initiate a sexual relationship with you, explaining the ethical basis of your refusal.
- 11. Provide a safe environment for training and competition.
- Ensure equipment and facilities meet safety standards.
- Equipment, rules, training and the environment needs to be appropriate for the age and ability of the athlete.
- Show concern and caution towards sick or injured athletes.
- Provide a modified coaching program where appropriate.
- Allow further participation in coaching and competition only when appropriate.
- Encourage athletes to seek medical advice when required.
- Maintain the same interest and support towards sick and injured athletes.
- 13. Be a positive role model for your sport and athletes
- Both on and off the green

# Please refer to the Harassment-Free Sport Guidelines available from the Australian Sports Commission for more information on harassment issues.

## **AS A COACH YOU SHOULD**

- Be treated with respect and openness.
- Have access to self-improvement opportunities
- Be matched with a level of coaching appropriate to their level of competence.



