



# Memo

**To: District Secretary and District Coaching Committee**

**From: Brett Wilkie - CEO**

**Date: 26<sup>th</sup> November 2020**

**Re: Coaches Workshop**

**Ref: 20/027**

The Bowls Queensland Coaching Committee is formulating a workshop for delivery in Districts. The workshop is designed to assist accredited coaches in developing further training, focussing on the fundamentals of bowls and the better implementation of their usage.

Discussion will be centred around how coaches need to facilitate the improvement of players in the following areas.

1. Sport Methodology
2. Communication
3. Constants of sport and their relevance to lawn bowls
4. Using methodology to assist in training of the variables
5. Importance of goal setting
6. Suggestions of pathways for player improvement

The above workshop will be presented by a member of the State Coaching Committee and is open to all coaches to attend. The workshop will be held on green for approximately three hours and the presenter will demonstrate all aspects.

The BQ Coaching Committee encourage all Districts to hold a workshop, if your District would like to have a workshop, please contact Cath at Bowls Queensland with proposed dates.

Please forward onto your District Coaching Committee for their consideration.

Brett Wilkie  
CEO

For and on behalf of the  
Bowls Queensland Coaching Committee